

NEW JERSEY FACT SHEET

INTERGENERATIONAL SHARED SITES

DEFINITION

Intergenerational shared sites are programs where older adults and young people receive services at the same site and both generations interact during regularly scheduled intergenerational activities, as well as through informal encounters. Generations United uses the term "Intergenerational Shared Site"; others refer to these types of programs as intergenerational day care or inter-/multi-generational centers.

OVERVIEW

The use of space by multiple generations not only makes common sense but can be an important solution in helping communities and organizations stretch scarce resources. By constructing innovative facilities that allow for the sharing of resources, intergenerational shared site programs can meet the needs of and improve outcomes for children, youth, and older adults. The current fiscal constraints faced by communities across the nation are forcing many to make tough decisions on the construction and rehabilitation of facilities and the delivery of critical services. Intergenerational shared sites also act as a mechanism to optimize limited resources while helping to address the social implications of an increasingly age-segregated society where children often spend their days in school and/or childcare centers, while many elders socialize in age-isolated facilities.

BENEFITS OF INTERGENERATIONAL SHARED SITES

- Enhances quality of life for all participants
- Provides needed services to the community
- Increases cost savings & opportunities to share resources
- Enhances employee benefits for programs with on-site care
- Attracts additional funding & positive public relations
- Improves attitudes about different age groups

BENEFITS FOR YOUTH/CHILDREN

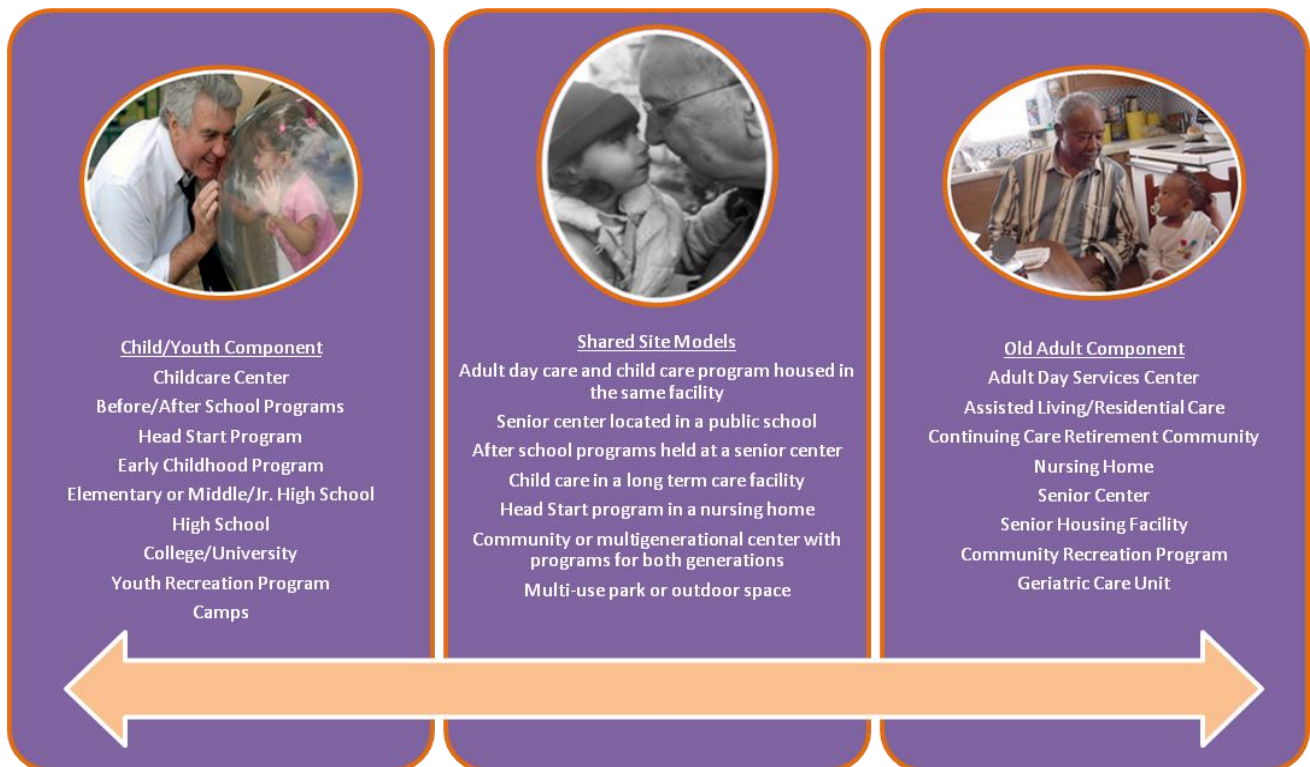
Young people gain an enhanced perception of the elderly. They benefit from interpersonal relationships with persons from a different age group, who can provide guidance, wisdom and support and have the opportunity to share their unique skills and talents as well. Preschool children involved in intergenerational programs had higher personal/social developmental scores (by 11 months) than preschool children involved in non-intergenerational programs.

BENEFITS FOR OLDER ADULTS

Studies show that sharing activities with younger people promotes positive health gains for older adults such as burning more calories due to exercise, sustaining fewer falls, and a reduction in reliance on canes. Adults with dementia or other cognitive impairments experience more positive affect during interactions with children than they do during non-intergenerational activities and these changes last even after the activity ends.

INTERGENERATIONAL PROGRAM COMPONENTS

Intergenerational shared sites vary in structure, but are generally composed of two components; one that serves the needs of older adults and a second that serves children/youth. In addition, many facilities have designated "shared spaces" that provide additional opportunities for spontaneous intergenerational interaction. *The following chart lists common program models and components:*



DISTINGUISHED NEW JERSEY SHARED SITES

THE FRIENDSHIP CENTER AT SCHOOLEY'S MOUNTAIN

HACKETTSTOWN, NJ

- An intergenerational child care center connected to the Heath Village retirement community.
- Intergenerational programs with the Heath Village residents are built into the daily, weekly, and monthly curriculum. Over 40 senior residents actively participate in the programs including a pen pal program; literacy, arts and crafts, music, and gardening. The children regularly walk to Heath Village to visit residents that are not mobile for room visits or to play games and work on special projects in the activities center.
- For additional information, visit <http://www.friendshipctrchildcare.com>

ROSELLE INTERGENERATIONAL GARDEN in ANTHONY AMALFE COMMUNITY CENTER

ROSELLE, NJ

- The goal of the garden is to bring the community closer together, teach students about healthy eating, teach students about the science behind gardening and provide nutritious food for members of the Roselle community.
- The garden is seeded, weeded and maintained by senior citizens and students from the Roselle community, especially students from Grace Wilday and Abraham Clark High School.
- The group is considering organizing a farmer's market to distribute the locally-grown produce throughout Roselle and teach students about entrepreneurship.

SHADY LANE CHILD DEVELOPMENT CENTER & NURSING HOME

CLARKSBORO, NJ

- A new state-of-the-art facility that includes a child development center and nursing home opened its doors in the fall of 2005.
- The Center expanded its vision to include 'bridging the generations' by adding a modern child care facility to the new complex.
- For additional information, visit <http://www.gcianj.com>



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Generations United is the only national membership organization focused solely on improving the lives of children, youth, and older people through intergenerational strategies, programs, and policies. GU represents more than 100 national, state, and local organizations representing more than 70 million Americans. GU serves as a resource for educating policymakers and the public about the economic, social, and personal imperatives of intergenerational cooperation. GU provides a forum for those working with children, youth, and older adults to explore areas of common ground while celebrating the richness of each generation.

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